Men's Tops \& Pants

| US | xs |  | s |  | M |  | L |  | XL |  | XxL |  | 3XL |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| UK | XS |  | s |  | M |  | L |  | XL |  | XXL |  | 3XL |  |
|  | inch | cm | inch | cm | inch | cm | inch | cm | inch | cm | inch | cm | inch | cm |
| Chest | 33-34 | 84-86 | 36-38 | 91-96 | 39-41 | 99-104 | 42-44 | 107-112 | 45-48 | 114-122 | 49-53 | 124-135 | 54-58 | 137-147 |
| Waist | 26-28 | 66-71 | 29-31 | 74-79 | 32-34 | 81-86 | 35-37 | 89-94 | 38-42 | 96-104 | 42-45 | 107-114 | 46-49 | 117-124 |
| Hip | 32-34 | 81-86 | 35-37 | 89-94 | 38-40 | 97-102 | 41-43 | 104-109 | 44-46 | 112-117 | 47-49 | 119-124 | 50-52 | 127-132 |
| Sleeve length | 33 | 84 | 33.5 | 85 | 34 | 86 | 34.75 | 88 | 35.5 | 90 | 36.25 | 92 | 37.5 | 95 |
| Inseam (short) | 29.5 | 75 | 29.5 | 75 | 30 | 76 | 30 | 76 | 30.5 | 78 | 30.5 | 78 | 31 | 79 |
| Inseam (regular) | 31.5 | 80 | 31.5 | 80 | 32 | 81 | 32 | 81 | 32.5 | 83 | 32.5 | 83 | 33 | 84 |
| Inseam (long) | 33.5 | 85 | 33.5 | 85 | 34 | 86 | 34 | 86 | 34.5 | 88 | 34.5 | 88 | 35 | 89 |

Men's Nummeric Pants

| Us | 28 |  | 30 |  | 32 |  | 34 |  | 36 |  | 38 |  | 40 |  | 42 |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| UK | 28 |  | 30 |  | 32 |  | 34 |  | 36 |  | 38 |  | 40 |  | 42 |  |
|  | inch | cm | inch | cm | inch | cm | inch | cm | inch | cm | inch | cm | inch | cm | inch | cm |
| Waist | 27-28 | 69-71 | 29-30 | 74-76 | 31-32 | 79-81 | 33-34 | 84-86 | 35-36 | 89-91 | 37-38 | 94-97 | 39-40 | 99-102 | 41-42 | 104-107 |
| Hip | 33-34 | 84-86 | 35-36 | 89-91 | 37-38 | 94-97 | 39-40 | 99-102 | 41-42 | 104-107 | 43-44 | 109-112 | 44-45 | 112-114 | 46-47 | 117-119 |
| Inseam (short) | 29.5 | 75 | 29.5 | 75 | 30 | 76 | 30 | 76 | 30 | 76 | 30.5 | 77 | 30.5 | 77 | 30.5 | 77 |
| Inseam (regular) | 31.5 | 80 | 31.5 | 80 | 32 | 81 | 32 | 81 | 32 | 81 | 32.5 | 83 | 32.5 | 83 | 32.5 | 83 |
| Inseam (long) | 33.5 | 85 | 33.5 | 85 | 34 | 86 | 34 | 86 | 34 | 86 | 34.5 | 88 | 34.5 | 88 | 34.5 | 88 |

1 Sleeve length: With your arms in a slightly bent position, measure from the centre of the back of your neck, along the length of

3 Waist: Measure the waist circumference at the smallest part of the waist, often at or above the belly button, keeping the
tape horizontal around the body.
Measure the hip circumference at the fullest part of the seat, keeping the tape horizontal around the body.

5 Inseam:

|  | $\mathbf{M}$ | $\mathbf{L}$ | $\mathbf{X L}$ |
| :--- | :---: | :---: | :---: |
| US | $6-9$ | $8-11$ | $10-13$ |
| UK | $5-8$ | $7-10$ | $9-12$ |
| EU | $38-42$ | $41-45$ | $43-47$ |

Men's Gloves

|  | s |  | M |  | L |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | inch | cm | inch | cm | inch | cm |
| Hand Length | 6.5-7 | 17-18 | 7.5-8 | 19-20 | 8.5-9 | 21-22 |
| Hand Circumference | 7-7.5 | 18-19 | 8-8.5 | 20-21 | 9-9.5 | 22-23 |



1 Hand Length: With your hand open, measure from the tip of your middle finger, down to the crease at the base of your palm

2 Hand Circumference: With your hand open, measure around the circumference of your hand, at the base of your knuckles

## Men's Footwear

| US | $\mathbf{7}$ | $\mathbf{7 . 5}$ | $\mathbf{8}$ | $\mathbf{8 . 5}$ | $\mathbf{9}$ |
| :--- | :---: | :---: | :---: | :---: | :---: |
| $\mathbf{U K}$ | 6 | 6.5 | 7 | 7.5 | 8 |
| EU | 39 | 40 | 40.5 | 41 | 42 |
| $\mathbf{c m}$ | 25 | 25.5 | 26 | 26.5 | 27 |



STEP 1 - Measuring your foot length
Tape the piece of paper to the floor against a flat wall and stand on it, bearing weight onto your foot
Make a mark on the paper behind your heel, and one in front of your longest toe - this could be your first, second, or third toe
Measure the longest distance from your heel and toe in centimetres or inches for both feet and note the measurement of the longer foot. Finally refer to our shoe size conversion chart for larger feet to estimate your correct shoe size.

STEP 2 - Measuring your foot width
Now, make a mark next to the joints where your first and fifth toe join your foot, for most people this is usually the widest part of the foot. Again do it for both feet and take the widest measurement.

STEP 3 - Select the right size
If your measurement is between two sizes, always move up to the larger size.
Be sure to measure both feet. Many people have feet of different sizes. Fit to the larger of the two. Fit yourself at a similar time as when you will be wearing the footwear.
For daily footwear, fit yourself when you've been on your feet all day because your feet have expanded

## Women's Tops \& Pants

| Us | Xs |  | s |  | M |  | L |  | XL |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| UK | Xs |  | s |  | M |  | L |  | XL |  |  |  |
|  | inch | cm | inch | cm | inch | cm | inch | cm | inch | cm |  |  |
| Chest | 31-32 | 79-81 | 33-35 | 84-89 | 36-37 | 91-94 | 39-40 | 99-102 | 42-44 | 107-112 | 46-47 | 117-119 |
| Waist | 24-25 | 61-64 | 26-28 | 66-71 | 29-30 | 74-76 | 32-33 | 81-84 | 35-37 | 89-94 | 39-40 | 99-102 |
| Hip | 32-34 | 81-86 | 35-36 | 89-91 | 37-39 | 94-99 | 40-43 | 102-109 | 43-47 | 109-119 | 47-50 | 119-127 |
| Sleeve length | 31.5 | 80 | 32 | 81 | 32.5 | 83 | 34.5 | 88 | 35 | 89 | 35.75 | 91 |
| Inseam (short) | 28 | 71 | 28.5 | 72 | 28.5 | 72 | 29 | 74 | 29 | 74 | 29 | 74 |
| Inseam (regular) | 30 | 76 | 30.5 | 77 | 30.5 | 77 | 31 | 79 | 31 | 79 | 31 | 79 |
| Inseam (long) | 32 | 81 | 32.5 | 83 | 32.5 | 83 | 33 | 84 | 33 | 84 | 33 | 84 |

## Women's Numeric Pants

| USUK | 2 |  | 4 |  | 6 |  | 8 |  | 10 |  | 12 |  | 14 |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | inch | cm | inch | cm | inch | cm | inch | cm | inch | cm | inch | cm | inch | cm |
| Waist | 25-26 | 64-66 | 26-27 | 66-69 | 27-28 | 69-71 | 28-29 | 71-74 | 29-30 | 74-76 | 30-31 | 76-79 | 32-33 | 81-84 |
| Hip | 34-35 | 86-89 | 35-36 | 89-91 | 36-37 | 91-94 | 37-38 | 94-96 | 38-39 | 97-99 | 40-41 | 102-104 | 41-42 | 104-107 |
| Inseam (short) | 28.5 | 72 | 29 | 74 | 29 | 74 | 29 | 74 | 29 | 74 | 29 | 74 | 29.5 | 75 |
| Inseam (regular) | 30.5 | 77 | 31 | 79 | 31 | 79 | 31 | 79 | 31 | 79 | 31 | 79 | 31.5 | 80 |
| Inseam (long) | 32.5 | 83 | 33 | 84 | 33 | 84 | 33 | 84 | 33 | 84 | 33 | 84 | 33.5 | 85 |

1 Sleeve length: With your arms in a slightly bent position, measure from the centre of the back of your neck, along the length of

4 Hip:

5 Inseam: Measure the distance from the crotch to your ankle. Or you can take a pair of pants that fits and measure the inseam.

## Women's Gaiters

|  | $\mathbf{M}$ | $\mathbf{L}$ |
| :--- | :---: | :---: |
| US | $\mathbf{8 - 1 1}$ | $\mathbf{1 0 - 1 3}$ |
| UK | $6.5-9.5$ | $9-11$ |
| EU | $38-42$ | $41-45$ |

Women's Gloves

|  | xs |  | s |  | M |  | L |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | inch | cm | inch | cm | inch | cm | inch | cm |
| Hand Length | 5-5.5 | 13.5-15 | 5.5-6.5 | 16-17 | 7-7.5 | 18-19 | 7.5-8 | 19-20 |
| Hand Circumference | 5.5-6 | 14.5-16.5 | 6.5-7 | 17-18 | 7.5-8 | 19-20 | 8+ | 20+ |



1 Hand Length: With your hand open, measure from the tip of your middle finger, down to the crease at the base of your palm.

2 Hand Circumference: With your hand open, measure around the circumference of your hand, at the base of your knuckles

## Women's Footw

| US | $\mathbf{5}$ | $\mathbf{5 . 5}$ |
| :--- | :---: | :---: |
| UK | 3 | 3.5 |
| EU | 36 | 36.5 |
| $\mathbf{c m}$ | 22 | 22.5 |




STEP 1 - Measuring your foot length
Tape the piece of paper to the floor against a flat wall and stand on it bearing weight onto your foot.
Make a mark on the paper behind your heel, and one in front of your longest toe - this could be your first, second, or third toe
Measure the longest distance from your heel and toe in centimetres or inches for both feet and note the measurement of the longer foot. Finally refer to our shoe size conversion chart for larger feet to estimate your correct shoe size.

STEP 2 - Measuring your foot width
Now, make a mark next to the joints where your first and fifth toe join your foot, for most people this is usually the widest part of the foot. Again do it for both feet and take the widest measurement.

STEP 3 - Select the right size
If your measurement is between two sizes, always move up to the larger size.
Be sure to measure both feet. Many people have feet of different sizes. Fit to the larger of the two. Fit yourself at a similar time as when you will be wearing the footwear.
For daily footwear, fit yourself when you've been on your feet all day because your feet have expanded.

|  | Size | One Size | S/M - M | L/XL-L |
| :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  |



1 Head Circumference: Wrap measuring tape around your head, just above eyebrows.

Unisex Gloves

|  | xs |  | s |  | M |  | L |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | inch | cm | inch | cm | inch | cm | inch | cm |
| Hand Length | 6 | 15-16 | 6.5-7 | 17-18 | 7.5-8 | 19-20 | 8.5-9 | 21-22 |
| Hand Circumference | 6.5 | 16-17 | 7-7.5 | 18-19 | 8-8.5 | 20-21 | 9-9.5 | 22-23 |

1 Hand Length: With your hand open, measure from the tip of your middle finger, down to the crease at the base of your palm.

2 Hand Circumference: With your hand open, measure around the circumference of your hand, at the base of your knuckles

|  | XS (5-6 Years) |  | S (7-8 Years) |  | M (10-12 Years) |  | L (14-16 Years) |  | XL (18-20 Years) |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | inch | cm | inch | cm | inch | cm | inch | cm | inch | cm |
| Height | 44-46.5 | 112-118 | 49.5-52.5 | 126-133 | 55.5-58.5 | 141-149 | 61.5-64 | 156-163 | 66.5-68.5 | 169-174 |
| Chest | 23.5-24.5 | 60-62 | 25.5-26.5 | 65-67 | 27.5-28.5 | 70-72 | 30.5-32 | 77.5-81 | 33.5-35 | 85-89 |
| Waist | 22.5-23 | 57-58.5 | 23.5-24.5 | 60-62 | 25.5-26.5 | 65-67 | 27.5-28.5 | 70-72 | 29.5-30.5 | 75-77 |
| Hip | 24-25 | 61-63.5 | 26-27 | 66-69 | 28.5-29.5 | 72-75 | 30.5-32 | 77.5-81 | 33.5-35 | 85-89 |
| Inseam | 18.75-20.5 | 47.5-52 | 22.5-24 | 57-61 | 25.5-27.5 | 64.5-70 | 28.5-29.5 | 72-75 | 30.5-31.25 | 77.5-79.5 |
| Sleeve length | 21-22 | 53-55.5 | 23-24 | 58.5-61 | 25-26.8 | 63.5-67.9 | 28-3-29.75 | 71.8-75.6 | 31-32 | 78.7-81.3 |
| Girl's Clothing |  |  |  |  |  |  |  |  |  |  |
|  | XS (5-6 Years) |  | S (7-8 Years) |  | M (10-12 Years) |  | L (14-16 Years) |  | XL (18-20 Years) |  |
|  | inch | cm | inch | cm | inch | cm | inch | cm | inch | cm |
| Height | 44-46.5 | 112-118 | 49.5-52.5 | 126-133 | 55.5-58 | 141-147 | 60.5-62.5 | 154-159 | 64 | 163 |
| Chest | 23.5-24.5 | 60-62 | 25.5-26.5 | 65-67 | 27.5-29 | 70-73.5 | 30.5-32 | 77.5-81 | 34.5 | 88 |
| Waist | 22.5-23 | 57-58.5 | 23.5-24.5 | 60-62 | 25.5-26.5 | 65-67 | 27.5-28.5 | 70-72 | 29.5 | 75 |
| Hip | 24-25 | 61-63.5 | 26-27 | 66-69 | 29-31 | 74-79 | 32-34.5 | 81-87.5 | 36.5 | 92.5 |
| Inseam | 18.75-20.5 | 47.5-52 | 22.5-24 | 57-61 | 25.5-27.5 | 64.5-70 | 28.25-29 | 71.5-74 | 29.5 | 75 |
| Sleeve length | 21-22 | 53-55.5 | 23-24 | 58.5-61 | 25-26.5 | 63.5-67.3 | 27.5-28.5 | 70-72.5 | 29.5 | 75 |



| $\mathbf{1}$ Sleeve length: | With your arms in a slightly bent position, measure from the centre of the back of your neck, along the length of <br> your arm, to the wrist. <br> Measure the chest circumference at the fullest point keeping the tape horizontal around the body. |
| :--- | :--- |
| $\mathbf{2}$ Chest: | Measure the waist circumference at the smallest part of the waist, often at or above the belly button, keeping the <br> tape horizontal around the body. |
| $\mathbf{3}$ Waist: | Measure the hip circumference at the fullest part of the seat, keeping the tape horizontal around the body. |

5 Inseam:

|  | $\mathbf{S}$ (6-8 | Years) | M (9-11 |  | Years) |
| :--- | :---: | :---: | :---: | :---: | :---: |

Kid's Headwear
Head Circumference
20.1"
51 cm
M
55 cm


1 Hand Length: With your hand open, measure from the tip of your middle finger, down to the crease at the base of your palm.

2 Hand Circumference: With your hand open, measure around the circumference of your hand, at the base of your knuckles.

|  | $\mathbf{1 1}$ | $\mathbf{1 2}$ |
| :---: | :---: | :---: |
| $\mathbf{1 3}$ |  |  |
| 10 | 11 | 12 |
|  | 28 | 29.5 |
| 17 | 17.5 | 18 |


| $\mathbf{1 . 5}$ |  |
| :---: | :---: |
| 13.5 |  |
| 33 | 33.5 |
| 19.5 | 20 |


| $\mathbf{2 . 5}$ | $\mathbf{3}$ |
| :---: | :---: |
| 1.5 | 2 |
| 34 | 35 |
| 20.5 | 20.8 |


| $\mathbf{3 . 5}$ | $\mathbf{4}$ |
| :---: | :---: |
| 2.5 | 3 |
| 35.5 | 36 |
| 21 | 21 |

4.5
3.5
36.5
21.8

| $\mathbf{5 . 5}$ | $\mathbf{6}$ |
| :---: | :---: |
| 4.5 | 5 |
| 37.5 | 38 |
| 22.3 | 22.5 |

## STEP 1 - Measuring your foot length

Tape the piece of paper to the floor against a flat wall and stand on it, bearing weight onto your foot.
Make a mark on the paper behind your heel, and one in front of your longest toe - this could be your first, second, or third toe
Measure the longest distance from your heel and toe in centimetres or inches for both feet and note the measurement of the longer foot
Finally refer to our shoe size conversion chart for larger feet to estimate your correct shoe size.

Now, make a mark nour foot width it for both feet and take the widest measurement.

## STEP $\mathbf{3}$ - Select the right size

If your measurement is between two sizes, always move up to the larger size.
Be sure to measure both feet. Many people have feet of different sizes. Fit to the larger of the two. Fit yourself at a similar time as when you will be wearing the footwear.
For daily footwear, fit yourself when you've been on your feet all day because your feet have expanded

